



The Paddler's Gauge

December 2009

Next Meeting:
Jan 9 at 6:00 p.m.

Program: Holiday Party!

It's time: Renew your TRPC membership for 2010.

To insure that your info will appear in the 2010 roster, the absolute deadline for returned membership forms is Jan 31, 2009.

January newsletter deadline is December 21.

2009 TRPC Officers

President: Kent Reigel
Vice President: Jeff Rahuba
Treasurer: Steve Wang
Secretary: Dave Mueller

Inside this issue:

- Meeting minutes
- 2010 Budget
- Roll session info
- Holiday party info/form
- AW membership form
- TRPC membership form

A loss to the paddling community: Bill Keane

Bill Keane a TRPC member passed away recently. Bill and his wife Sue paddled a tandem canoe. Bill was the driving force in the boat. Sue...God bless her...went everywhere he wanted to go on the river. Bill and Sue mostly paddled class 2, but on occasion Bill would want to paddle the Slip from Rose point to Eckert. They did...and they did well. It was amazing that they did as well as they did because Bill had knee problems and couldn't kneel in the boat, he had to sit in the seat. not at all an easy thing to do...paddle class 3 SITTING in a canoe.

The most amazing thing (to me anyway) was that when they took their first Slip Clinic and Turkey Bash clinic they were both in their 70's. Bill had asked earlier this year if my friend Larry and I would take them down the loop...I suggested this fall but Bill really wanted to wait till next year. Now his dream of running the Loop will never be realized.

You will be missed by many Bill....God bless

Mark P.



Riversport Slalom August 2009

By Bob McKinstry



Zachary Reigel



Emily Casto

(Continued on page 4)

Father's Day the Way it Should Be.

By Joe Marks

Since Rick was a little short on content this month I thought I'd briefly share the Father's Day experience I had with my son Eric this year.

We had not planned on getting on the river that weekend but late Saturday evening we decided to throw the gear in the car and get out for Sunday (Father's Day) and Monday. We got into the Tall Oaks campground around midnight during a driving rain storm. Eric quickly pitched his tent and I crawled into the van to go to sleep. While looking for places to paddle the next morning we overheard some guys talking about Indian Creek. Being one of the creeks on our 'to do' list, we introduced ourselves and proceeded to find out more.



Well, after one incredible multi-hour shuttle ordeal we were on Indian Creek with the 3 guys we met that morning. We didn't know any details about the run but, of course, that made it all the more interesting. We were treated to a number of 3 to 6 foot ledges with a variety of boof options. After being on the water a short time we started hearing the other guys talk about Terminator. Even though they had been on Indian many times, they told us that they had always portaged Terminator. Hmm..... Eric and I looked at each other and smiled. "That sounds interesting", he said. When we came up to Terminator, we all got out and took a short, easy walk to scout it. What we found was a rather intimidating looking rapid. Fairly long with one of the nastier looking undercuts I've seen sitting down at the bottom right. I won't get into describing the details of the rapid but I will say that we spent a fair amount of time discussing possible lines.

Eric and I decided on our line and were just getting ready to hike back up to our boats when I saw a duck land in the water right at the top of the rapid. Eric was already

up on the trail so he missed it, but I watched that duck run/float the exact line through the rapid that Eric and I had decided on. I thought; "well, that must be the right one."

So Eric and I put in at the top, gave each other a 'high



five' and said "see ya at the bottom." Now, to any of you who have boated with the both of us in the past

it will come as no surprise that Eric's line was just a little cleaner than mine. Never the less we both arrived at the bottom with a smile and another 'high five.' Eric and I were sitting down in the eddy below while we were waiting for the other guys to finish their portage. We were having a great time discussing the details of our lines with each other and reliving the excitement of the run. All of a sudden I remembered this was Father's Day! I've got to admit that I started to get a little misty while thinking about that. Thinking about what lucky Dad I was to spend Father's Day doing something like this with one of my kids.



What a great family sport! The thing I've always loved most about TRPC was seeing all the family involvement. From toddlers in rafts to teens guiding their 'old man' down class 5's!



CLEAN YOUR

2010 Pool Sessions

CLEAN YOUR BOAT!

Finding a pool that is willing to let kayaks in their water is sometimes difficult. Pool owners are worried about debris and contamination.

Please, **CLEAN YOUR BOAT**
before taking it to a pool session!

Some of the following pool sessions fill up quickly and others will require a minimum number of winter pool sessions and would like to have them published by TRPC, e-mail the information to wmoran@potentialtech.com. Watch the TRPC message board and next month's newsletter for additions and/or changes for pool sessions.

Carnegie Mellon University, Pittsburgh: Pool sessions are every Thursday from 9-11pm when CMU classes are in session. Every person that doesn't have a CMU id needs to be signed in by someone that has one, and each ID-holder can only sign in one other person.

In short, if you want to come, spots cannot be guaranteed unless there is a matching CMU student/staff/faculty person to sign you in. This means email Matt anytime you want to come to a session, to find out if there are spots available. Unfortunately, at the moment, spots are fairly tight, so I still cannot guarantee a spot, but I will do my best. Parking is free in the East Campus Garage. The pool is located in the University Center Building on the CMU campus. Contact: [Matt Bernstein](mailto:mbernste@andrew.cmu.edu)

Pittsburgh YMCA: Sunday afternoons beginning in January the Downtown YMCA will host the TRPC Roll Sessions at the Blvd of the Allies location. We have the pool from 3:00 PM till 5:00 PM for 10 weeks. The sessions will NOT be held SUPER BOWL Sunday. Cost is \$50.00 per person for the entire 10 session package or \$10.00 per visit. Kids are free if accompanied by an adult. We can store boats in a stairwell between sessions if you like. We will not be able to provide free time to instructors this year ... This is the last year at the YMCA downtown.

Please contact Gary McCormick at 412-885-0712.



Slippery Rock University: Location ARC pool. ARC members free, Non ARC members \$5
Check ARC website for dates and time.
<http://administration.sru.edu/ARC/crws/kayak.htm>

Seton Hill College, Greensburg: Starts January 6, 2009 (Wednesdays) for ten weeks from 7:00 to 9:00p.m. Tentative cost is \$50.00. Boats and gear will be available for rental at \$50.00 for the entire 10 sessions and includes a beginners' river trip on Loyalhanna Creek in March. If space is available, walk-ons will be accepted at a flat rate of \$6.00 per session. Mail payment to: Jeff Prycl at 319 South Washington Avenue, Greensburg, PA 15601. Contact: Jeff Prycl W724-925-9675 or H724-836-2549 (before 10:00p.m.!!!) E-mail: prycl@rockymountaingarage.com

West Virginia University Recreation Center: On Thursdays from January 14 to March 25 2010. 8:30 to 10:30 pm. For more information, go to: http://studentrecenter.wvu.edu/outdoor_rec_center/roll_sessions

Additional Roll Sessions: Look at the TRPC message board for additional roll session locations.

2010 TRPC Winter Calendar of Events

Date	Trip	Coordinator	Phone	Email
Jan 1, 2010	Stonycreek Karma Trip, III-IV	Greg Dick	412-607-3625 724-822-7229	gregDick@atlanticBb.net
Jan 9, 2010	Holiday party	Rose Prycl	H 724-836-2549	
Feb16, 2010	TRPC Meeting			

Casselman River Trip May 9, 2009

(Slalom continued from page 1)

By Bob McKinstry

It all began at the Three Rivers Holiday Party on January 10, 2009. Judy Polczynski approached Kevin Cupp and the author about leading a trip this year. Kevin and Bob had been paddling a few years with Kevin paddling twice as much as Bob and on harder rivers. Neither Kevin or Bob viewed themselves as trip leaders. But after several weeks of reflection they decided to run a trip on the Casselman. Bob wanted to round up the "usual suspects" for the trip. Who are the "usual suspects" Judy Polczynski inquired, not knowing that Kevin and Bob do not reveal the names on the suspect list. Most of the individuals on the list are old enough to remember Vietnam, Woodstock, the first moon landing, Jerry Garcia, the Steel Curtain and the Immaculate reception. These individuals also share a desire to paddle rivers with enough challenge to be fun but low on the terror scale to avoid a carnage fest.

May 9, 2009 was selected as the date for the trip. This day initially had no particular significance to Kevin and Bob other than it was a day both could get free to paddle.

Events began to take shape. May 9, 2009 had a full moon. In fact the full moon rises over the eastern horizon on May 8, 2009 at around sunset. It also began to rain, Tuesday, Wednesday, Thursday and lightly on Friday. By Saturday the level of the Casselman was 3.5 feet. American Whitewater lists 2 feet as the minimum level and 5.0 feet as the maximum level at which to run the Casselman. This was an ideal water level in which to run the Casselman. A notice was placed on the TRPC web site for paddlers. Judy Polczynski was the first sign up. This was fortuitous since the trip was a beginners trip and Judy Polczynski is an excellent teacher. She continues to serve as Bob and Kevin's teacher and mentor. The web site postings began to mysteriously grow ending with a Map of the Casselman from the Keelhaulers.

On the day of the trip twelve individuals put on the Casselman at Markleton. These individuals were John Kling, Bill Moran, Judy Peascoe, Sarah Scheu, Joey Yeargain, Wayne Lentz, Natalie Thomas, Gary Rigdon, Carol Rigdon, Judy Polczynski, Kevin Cupp, and Bob McKinstry. Although, this was supposed to be a beginners trip, most everyone had significant paddling experience. Joey Yeargain had only been paddling a few times but with Natalie Thomas's guidance and instruction was able to make eddy turns, peel outs and ferry maneuvers like he had been paddling the river a year earlier.

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The Riversport Slalom Race was held on August 21-23, 2009 at Ramcat Rapid on the Middle Yough. On Friday the race course was set-up. A slalom race requires a paddler to negotiate between 18-25 numbered gates. Green colored gates must be negotiated down stream while red colored gates must be negotiated up stream. Twenty-one gates were hung across Ramcat Rapid. Hanging the gates was not an easy task as wires holding the gates had to be stretched and secured to trees on each side of the river. This task took more than four hours to accomplish during a large down pour. Special thanks are extended to Natalie Thomas course designer, Kent Reigel, Zach Reigel, Tom Beall, Phil Raber, Jen Raber, Jim Graham, Caroline Williams, Brian Zimmerman, Iain Eastman, and Owen Eastman who persevered through this arduous set-up task.

On Saturday registration was held between 9:00 am and 12.00 pm. Following registration a slalom clinic was held for both kayakers and open canoeists. Natalie Thomas and members of the Slimy Pebble Whitewater Team did an excellent job explaining and demonstrating how to negotiate all the gates on the course. Following the clinic the slalom course was open to everyone for practice.

On Saturday evening teams of racers began to arrive. The Bethesda Center of Excellence (BCE) was represented by Liam Malakoff, Jeffery Ward, Eliza Malakoff, Rebecca Lerner, Anna Maria Iffarraguerri, Cole Moore, Michael Rudnitsky, Aram Dommerholt, Simon Ranagan, and Max Lerner. The BCE is a developmental whitewater slalom racing and training program in the Washington, D.C. area. The program uses the Feeder Canal in Bethesda on the Potomac River and the whitewater course in Dickerson, MD. The BCE is coached by Dana Chladek who is a two time Olympic medalist. The BCE was also represented by Carlos Iffarraguerri, George Missios, and Derek Moore as Master level kayak racers.

The Mach 1 racing team was represented by Ethan Diefanbach, Tom Beall, Theran Cripe, Evelyn Van Horne, and Ethan Van Horne. Mach 1 racing team is coached by Dr. Dave Kurtz. Dr. Kurtz has been instructing kayaking and canoeing for 54 years. He is a three National Doubles canoe Champion in slalom with his partner Les Bechdel and a National Masters Kayaking Champion. He created the Sunnyside Paddling Park in Bellefonte in 1965 where many competitors have honed their skills. He continues to maintain the park as a top model training park in the U.S. He is currently Chairman of the Junior Olympic Program in the United States. Dr. Kurtz and Katherine Brady also competed in the Masters Kayak class.

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(Casselman continued from page 4)

He even was able to roll in moving water. Watching Joey's progress was like seeing magic. The combination of Natalie and Judy P on the trip was special. We had excellent paddling teachers on a fun run.

The trip was not without a few swims, nobody swam more than twice. Kevin did a masterful job of retrieving people, kayaks, and gear after swims as Bob watched in contentment from the calmness of an eddy. Kevin as it turns out is a pretty good safety boater. Everybody seemed to have fun. John Kling explained to Bob that he could do this type of trip anytime and all day. Carol Rigdon had a smile on her face that never seemed to leave even as she went through a 100 yards of wave trains. Sarah enjoyed catching air as she went over a 4 foot wave. Bill and Gary enjoyed all the water features and even had time to catch some rays at lunch rock. Wayne a quiet member of the group was right at home on the river paddling a C1. Judy Peascoe was able to get out on the water for the first time this year and was going to paddle the North Branch of the Potomac the next day. As the senior member of the group she continues to amaze everyone with her energy and commitment to enjoying herself while paddling Class II whitewater. Natalie and Judy P had fun doing what they do best; teaching while enjoying river running. Bob and Kevin were happy to get through their first trip while not swimming and ensuring that everyone made it through without any mishaps.

After the trip everyone met at the Lucky Dog for a post trip meal.



After trip meal at the Lucky Dog Café.



(Slalom continued from page 4)

The Slimy Pebble Whitewater Team is composed of adult slalom racers. They were represented by Natalie Thomas, Brian Zimmerman, Caroline Williams, and Rick Kulawiec. The Liquid Adventures Kayak School was represented by John Munnell who competed in the Masters Kayak class. Benscreek Canoe Club was represented by Phil Sutton. TRPC slalom racers included Jen and Phill Raber, and Bob McKinstry. Laurie Haugh and Larry Wentzel, Sue and Bill Keane represented TRPC in the Open Canoe Mixed Doubles class. Zach Reigel was our lone young racer from TRPC. Zach competed in both Junior Kayak (Fiberglass) and Junior Kayak (Plastic) classes. This was Zach's first slalom racing competition. Emily Casto and Bryn Benson are TRPC members training with and representing BCE.

On Sunday the race was held in two sessions, a morning and afternoon session. In a slalom race, a paddler must paddle his or her kayak, C1, C2, or open canoe through the 3 foot wide gates. If a paddler in a kayak hits a gate a 2 second penalty is assessed. If a kayaker misses a gate a 50 second penalty is imposed. Hitting a gate in an open canoe results in a 10 second penalty. Racers who were scheduled to race in the afternoon served as gate judges, scorers, and assistants. Scores were radioed in to a central score area by the gate judges. In this manner a racer who finished the course can easily view his or her final score. All racers were give two runs and the best run is taken as the final score. This two session system and radio communication resulted in a very efficient and well run slalom race.

This slalom race had a very pleasant family atmosphere. Parents strategically placed themselves along the banks of the course to photograph and cheer on their racing children. Twenty-five of the fifty-on racers were individuals under 18 years of age. This family atmosphere was highlighted by a grandfather and his grandson. Bob Ruppel and his grandson Aidan Weld (3-4 years of age) competed in the Open Canoe 2 Junior/Senior class. While paddling the course Aidan fell out of the canoe. Bob was able to pick up Aidan with one hand by the PFD and place him back in the canoe and continue on the course to the next gate. The crowd of onlookers all applauded in approval. Bob can sure handle a canoe.

Congratulations to Cole Moore and Ethan Diefanbach for finishing first and second in the C1 Cadet Class. Liam Malakoff finished first in the C1 Junior Class, while Jeffery Ward was first in the C1 Intermediate Class. Caroline Williams finished first in the C1 Women's class. Bryn Benson and Emily Casto raced a C2 through the course. Although their time was not fast, their level of

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(Slalom continued from page 5)

enjoyment was off the charts as they laughed and yelled

throughout the run. Laurie Haugh / Larry Wetzel and Sue and Bill Keane finished first and second in the OC2 Mixed class. Bryn Benson (TRPC/BCE) finished first in the K1 Women's Cadet class. Congratulations Bryn on a fine race. Natalie Thomas finished first, while Jen Raber and Katherine Brady finished second and third respectively in the K1 Women's Master class. Congratulations Natalie and Jen. Cole Moore finished first in the K1 Cadet class while Simon Ranagan finished first in the K1 Junior class. Jeff Ward finished first in the K1 Intermediate class. In the K1 Masters class John Munell, Rich Kaulawiec, and Dave Kurtz finished first, second, and third respectively. Congratulations to Dave Kurtz for a very good race. Not bad for a 77 year old. Jack Ditty finished first in the C1 Expert class with a very fast time of 129.50 seconds. Brian Zimmerman finished second in this C1 Expert class. Zach Reigel finished second in the K1 Junior Plastic class. This was Zach's first race and he did a fine job. Hopefully we will see Zach in future slalom races. Finally, John Munell finished first in the K1 Masters Plastic class.

Several individuals that were associated with the race need to be thanked. Kent Reigel spent all day Friday helping set up the course and served as a safety boater all day on Sunday during the race. Kent your hard work is greatly appreciated. Thanks also to Tom Omiatek, Donna Egbert, Tom Kinsey, Phyllis Gricus, and Stu Benson who served as safety boaters. Gretchen Bensen, John Rudland, and Christine McManaway also served as volunteers. Your help is also appreciated. Finally, Jason Hilton was very gracious in supplying gear for raffle prizes as a representative for World Kayak Event Coverage. Jason also wrote a very nice blog about the event. Thanks Jason



Bob Ruppel, grandson Ayden Weld and Jake the dog

Slalom racing is a very enjoyable experience. I would encourage all TRPC members to try slalom racing for the following reasons:

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July 2009 Meeting Minutes

Minutes of the July 21, 2009 Meeting of the TRPC The meeting was called to order at 7:41PM with 6 members in attendance.

Dave Mueller read the treasurer's report of \$11,234.13 in the checking account, and \$5,060.52 in the money market account.

Kent Reigel reported for Natalie Thomas that we now have 434 members in 259 households, and a 2:1 margin for those preferring paper newsletters.

Upcoming races: Upper Yough race this coming Saturday, and the Riversport Slalom on 8/23. There will also be a mass start Loop race Friday night of TB weekend.

Education: Dave Greenwald mentioned that the education committee should run the clinics. Jeanne Bailey will be chief cook for Turkey Bash, and that Gary McCormick ordered the turkeys and they will need to be picked up in the Strip district. Dave also presented the ACA bill for insurance.

Outings: Kent reported that everyone had a good time on the New River trip.

Parks & Access: Permits have been acquired for Turkey Bash.

New Business: Dave Greenwald said that the new Instructor's Manuals should be ready by Turkey Bash. The meeting was adjourned at 8:10PM. Submitted by Dave Mueller, Secretary.



August 2009 Meeting Minutes

Minutes of the August 18, 2009 meeting of the TRPC.

The meeting was called to order at 7:35PM by president Kent Reigel. There were 12 members present.

Minutes of the July meeting were read by secretary Dave Mueller. A motion to accept was made by Bill Schwab, seconded by John Rudland, and accepted by all.

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(Aug minutes continued from page 6)

Treasurer's report: Kent reported \$12,583 in the checking account and \$5,061.16 in the money market account. We have not yet received a bill from Cheeseman's for the Slip Clinic. John Rudland suggested an alternate savings plan. After some discussion, it was decided that the risk was not worth it. The treasurer's report was accepted by all.

AW/Access: Barry Adams reported on the upcoming Falls Race this weekend. A meeting with PA DCNR officials was held in November of 2008. On July 31 of this year, they announced there would be no change to the current system. Access to run the falls is only available via special permit, as with the Falls Race, or via a commercial permit.

Membership: New memberships since Turkey Bash have not yet been processed.

Race: There will be a race clinic this Saturday and the Riversport Slalom on Sunday.

Newsletter: Rick Gates will be volunteering as editor.

Outings: Jeff Prycl's trip to Valley Falls was 8/16. Gauley-fest is 9/18 to 9/20. 10/12 is the last scheduled Upper Yough release. 10/17 is Bridge Day.

Roster: Barry reported that money is still coming in from roster advertising.

Safety: Bob Kilbert is organizing a first aid/cpr course.

Video: Phyllis Gricus reported that several new videos have been added to the library.

A motion to adjourn was made at 8:18 PM by Bill Schwab, seconded by John Rudland, and passed by all.

Submitted by Dave Mueller, secretary



September 2009 Meeting Minutes

TRPC Meeting 9/21/09 Minutes: Taken by Phyllis Gricus
Called to order 7:39pm with six people present.

Secretary's Report: Dave Mueller was absent from meeting due to business trip to taste Polish vodka in Poland.

Treasurer's report: Steve Wang was present. Reported balance unchanged from previous month \$12,583.80

Committee Reports:

AW Liaison: Barry Adams; not present. Kent reported for him. Ohiopyle Over-the-falls event was a success. Good crowds.

Conservation: Chrissy Zeltner: Not present-no report

Education: John Rudland: not present-no report

Membership: Natalie Thomas: not present: Reported to Kent that membership is currently at 279 families and 461 members.

Newsletter: Bill Moran/Rick Gates. No newsletter still.

Outings: Steve Bloskis/ Jeff Knechtel/ Carolyn Devenny: None present: No club events scheduled.

Parks/Access: Jeff Prycl; Not present-no report

Racing: Natalie Thomas; not present-report that the Slalom race was a big success with 51 boater participating. Thanked all who safety boated.

Roster: Barry Adams: not present-no report

Safety: Bob Kilbert: CPR training is available with a minimum of three people present, at a cost of \$50.00. Need to allow 3-4 hours for a session. The suggestion was offered that a sticky post should be put on the message board to offer class to members.

Video Library: Phyllis Gricus; Present-reported purchase of two new videos: Yoga for Paddlers and Creeking Techniques. Still attempting to get posting in the members area of message board for all to see.

Webmaster: Brian Lorence: Not present-no report

Old Business: None

New Business:

Future events: Gauley Fest; Gauley releases six; Bridge Day10/17

Rent for church as meeting place will continue as same. Access issue for Lower Gauley: you can drive to river at Mason Branch The disaster response program was canceled due to a conflict with presenter. No minutes were read from the August meeting Talked about offering an incentive to entice someone to write the newsletter. Jeff Rahuba to contact Jeff Macklin to make offer. Jeff Rahuba invited folks to do the lower G. and camp at Battle run campground the first weekend of October.

Officer nominations:

Kent Reigel president

New treasurer needed

Dave Mueller - Secretary.

Phyllis Gricus-may have gotten volunteered for something but didn't write it down.

Motion to adjourn: 8:30pm



October 2009 Meeting Minutes

Minutes of the October 20, 2009 meeting of the TPRC.

The meeting was called to order at 7:38PM by president Kent Reigel. There were 9 members present. Minutes of the September meeting were read and accepted with one correction. Steve Wang presented the treasurer's report. Current balances are \$11,217.00 in the checking account and \$5,062.00 in the money market account.

There still has been no payment to Cheeseman's and Steve has been unable to reach them. He will contact them again to ask them to carry over our \$100 deposit for the 2010 Slip Clinic. A brief board meeting will be held after the normal meeting to approve the 2010 budget. The report was accepted on a motion by Jeff Rahuba, seconded by Dave Mueller, and passed by all.

Membership: Natalie Thomas reported 278 households and 462 members, and still a 2:1 margin of those preferring paper newsletters to electronic.

Newsletter: Kent reported that Heather Maceiko wants to help edit the newsletter but requires a computer. A discussion followed regarding our lack of editor and published newsletters, but no solution was reached.

Outings: Light-Up night 11/20, contact Chrissy Zeltner.

Race: Natalie reported that the fall racing season is over, and that several TRPC members did well in the recent Massachusetts event.

Roster: Ad revenue is still coming in.

Safety: Bob Kilbert has posted info on the CPR course on the message board. Cost will be approximately \$25 per person. There is space for 9 students, 4 as a minimum. Class will be 11/11 from 6 to 10PM (Note: As of 10/28, the date has changed to 11/18).

Video: Steve Wang recommended viewing a DVD entitled "Call of the River".

New Business:

Dates must be chosen for 2010 Slip Clinic and Turkey Bash.

Officer Elections: The following people have accepted nominations:

Kent Reigel, President
 Jeff Rahuba, VP
 Dave Greenwald, Treasurer
 Phyllis Gricus, Secretary

A motion to adjourn was made at 8:21 PM by Bill Schwab, seconded by Phyllis Gricus and passed by all.

Minutes of the October 20, 2009 Board meeting:

A brief meeting was held to approve the 2010 budget. The budget was presented by Treasurer Steve Wang. After some discussion and minor corrections, the budget was unanimously approved by the board.



November 2009 Meeting Minutes (pending approval)

Chairperson, Kent Reigel, called the TRPC membership meeting to order at 7:42 p.m. on November 17, 2009 with 11 members present.

Jeff Rahuba announced that Paul Cline would be giving a presentation on the Mountain Watershed Association as the program following the business meeting.

Judy Polczynski read the minutes of the October 20, 2009 meeting, which were approved on a motion by Jeff Rahuba, seconded by Bill Schwab.

Steve Wang reported that Cheeseman's had been paid for the 2009 Slippery Rock Clinic. He provided a treasurer's report consisting of the current account balances of \$5062.58 in the money market account and \$8461.77 in the checking account. David Greenwald's motion, seconded by John Franko, to approve the treasurer's report passed. Steve noted that Roster advertising money for the 2009 roster is still being received. David Greenwald suggested that in the future, advertisements should not be included in the roster unless payment is received prior to layout and printing. Steve also mentioned that he donated a copy of "Call of the River" to the TRPC DVD collection.

The American Whitewater liaison was not present and did not provide a report.

The conservation chair, Chrissy Zeltner, was not in attendance, but ask Kent to mention the December 5 River cleanup she is involved with and asked anyone interested in helping to contact her. Ken Gfoerer had also contacted Kent with information about the Nov. 19 event in Ohio pyle raising money for the Mountain Watershed Association's efforts to block strip mining adjacent to Ohio pyle State Park. Paul Cline provided additional details.

The Education and Membership chairs were absent and had not provided reports.

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Steve Wang had spoken recently with Rose and Jeff Prycl and confirmed that even with Jeff health difficulties, at this point, Rose was still planning to run the Christmas party.

TRPC is still in need of a newsletter editor. Bob Kilbert showed some interest in the position. Judy Polczynski offered to help with the assembly and mailing of the newsletter.

The Outings committee co-chairs were not present; however, upcoming outings were discussed. November 20 is Light-Up night. Chrissy Zeltner is unable to attend; however, Pam Kinkus is organizing it this year. On November 25 (day before turkey), Steve Bloskis is planning a Class IV run at a location yet to be determined. November 27 (post Turkey), Annelies Layton and Joe Marksz are doing a Slippery Rock trip. Greg Dick is running the first trip of the new year on Stonycreek. The final outing discussed was the Christmas party on January 9. Jeff Macklin expressed some interest in chairing the outings committee next year.

Parks – Jeff Prycl was absent following his surgery last week. There was a discussion as to whether the club should send him a get well gift, such as a fruit basket. The final conclusion was to pass the hat among members present, which was consistent with past club practice.

Safety – Bob Kilbert reported on the CPR lessons scheduled for November 18.

Video – Phyllis Gricus was not present. Steve Wang has donated The Call of the River to the DVD collection.

Donations by TRPC to other organization was discussed at some length, with several members commenting that the club had done this in past years, but the money had been deleted from the Budget for this year. David Greenwald made a motion to authorize the BOD to spend up to \$1000 on donations to organizations we had previously contributed to. Lou Conley seconded the motion and it passed. The current need of the Mountain Watershed Association for funding to fight the Curry Mine near the mouth of Indian Creek on the Yough was discussed. (See BOD meeting minutes below).

Jeff Macklin agreed to solicit vendors for Christmas party door prizes.

Elections of the 2010 officers was conducted. Kent Reigel repeated the slate of candidates submitted by the board. They are:

Chairperson:	Kent Reigel
Vice Chairperson:	Jeff Rahuba
Secretary:	Phyllis Gricus
Treasurer:	David Greenwald

No additional nominations were made at the meeting. The vote for the candidates was unanimous.

The meeting was adjourned at 8:42 p.m. and was followed by a presentation by Paul Cline on the work of the Mountain Watershed Association.

November 17, 2009 BOD meeting minutes

The meeting was called to order during the membership meeting at 8:25 p.m. The board voted to donate \$200 to the Mountain Watershed Association. The meeting was adjourned at 8:26 p.m.

Respectfully submitted by David Greenwald for David Mueller.



A note from the President:

As per TRPC Constitution - Article VIII - Section 3, a motion to make contributions totaling \$1,000 to various organizations previously donated to has been approved by the board of directors as a recommended expense and shall be put to a vote at the January meeting.



(Slalom continued from page 6)



Emily Casto and Brynn Benson

- (1) It tests all your paddling strokes.
- (2) It requires the ability to read subtle water features of a rapid while running the course.
- (3) It requires a strategy regarding entering and exiting each gate in order to be able to successfully negotiate all the gates on the course.
- (4) It is safe.
- (5) There's a very pleasant family environment at the race.
- (6) It is Fun! Fun!, Fun!.

Congratulations Natalie on a fine job.



THREE RIVERS PADDLING CLUB
Statement of Revenues, Expenditures, and Fund Balance
2007 - 2008 ACTUAL - 2009-2010 BUDGET

	<i>Actual 2007</i>	<i>Actual 2008</i>	<i>Actual 2009 YTD</i>	<i>Budget 2009</i>	<i>Budget 2010</i>
Revenues:					
Dues	4,720	5,160	5,574	5,500	5,500
Xmas party	485	551	0	400	400
Advertising-roster	483	645	90	500	400
Slippery rock clinic	3,155	3,170	3,944	3,000	3,400
Turkey bash	2,495	2,403	2,017	2,400	2,200
Decals/Rosters/T-shirts	382	182	142	250	175
AW Memberships	1,575	NA	25	NA	NA
Grant	1,000	0	0	0	0
Other/interest	61	300	185	100	100
	14,356	12,411	11,977	12,150	12,175
Expenditures:					
Newsletter					
Printing	2,500	1,405	500	2,500	2,000
Postage	555	221		500	1,000
Other	0	41	76	50	100
Meeting room	750	0	1,000	1,000	1,000
Roster	643	579	44	700	700
Club memberships	775	325	300	500	500
Slippery rock clinic	3,344	2,564	3,284	3,000	3,000
Turkey bash	1,914	1,805	1,403	2,200	1,800
Parties	789	0	0	600	500
Web Site	40	120	0	150	150
Video	63	0	52	100	100
AW Memberships	1,575	NA	25	NA	NA
Miscellaneous	360	121	28	300	300
	13,308	7,181	6,712	11,600	11,150

Additional Holiday Party Information

If you are attending the Jan. 9th Holiday Party and coordinating (a) river trip(s) in 2010, please mark your trip(s) on the annual trip calendar. This HUGE calendar will be present somewhere at the Holiday Party.

If you are coordinating (a) river trip(s) in 2010 and cannot make it to the Holiday Party, please contact Outings Chair, Jeff Macklin with your trip information by Jan. 31 or list that information on your 2008 membership form.

Retailers, organizations and individuals are welcome to bring donated items to the party for the annual door prize extravaganza. In the past, donations have ranged from simple bags of candy, homemade changing towel, hand-made ornaments to gift certificates, PFD's, paddling gear and river ready-boats. As you can see, any door prize gifts will be welcomed.

If you wish to donate goods or services and cannot attend the party, please contact:

Gary McCormick at 412-885-0712 or
Jeff Macklin at 724-331-7873 to make arrangements.

Setup help will be needed on the day of the party at 4 p.m. Please check with Rose Prycl for setup timing and assignments at 724-836-2549.

**Doors will be open at 5 p.m.
Dinner will start at 6 p.m.**



TRPC Holiday Party Form

Saturday, January 9, 2010

Carnegie United Methodist Church

Name: _____

Phone: _____

Dinner \$5.00 per Adult (17 and up)
\$5.00 each _____

Number of Adults _____ at

\$3.00 per Child (under age 5 are free)

Number of Children _____ at

I will bring the following to share:

Please describe:

Main Course

Large Dessert

Large Vegetable Dish

I am willing to arrive early to help set-up.

Call Rose at 724-836-2549 for set-up arrival

Make checks payable to "Three Rivers Paddling Club".
Mail this completed form and payment to:

**Rose Prycl
320 Painter Avenue
Greensburg, PA 15601**

**Reservation Deadline is
DECEMBER 29, 2009**

Please mail this form with payment to the address below the AW logo or join on-line at:
<http://www.americanwhitewater.org/>



TRPC encourages your support of and membership in American Whitewater

Membership Application

Our Mission is to conserve and restore America's whitewater resources and to enhance opportunities to enjoy them safely.

Name _____
 Address _____
 City, St, Zip _____
 Telephone () _____, AND e-mail _____
 Club Affiliation _____

INDIVIDUAL MEMBERSHIP LEVELS

\$25.00 Junior (Under the age of 18)
 \$25.00 Individual for Affiliate Club Members (**SAVE \$10** if you are also a member of an AW Affiliate Club)
 \$35.00 Individual One Year
 \$50.00 Family (Immediate family members excluding children over the age of 18)
 \$65.00 (2) Year Membership
 \$100.00 Ender Club* (Receive AW's annual Ender Club T-Shirt **FREE**)
 \$250.00 Platinum Paddler* (Receive AW's exclusive Patagonia Platinum Paddler Hooded Sweatshirt **FREE**)
 \$750.00 Lifetime Membership (Receive AW's Lifetime Membership Stahlsac Paddlers Duffle **FREE**)
 \$1000.00 Legacy Membership (Receive AW's exclusive Kokatat Gore-tex Paclite® Jacket and Pants **FREE**)

*A portion of your contribution may be tax deductible. If you would like information about the tax deductibility of your contribution, please speak with an AW Staff member.

ADDITIONAL DONATION

\$5.00 \$10.00 \$25.00 Other \$ _____ \$ _____ monthly (Via monthly c.c. or checking acct. withdrawal. Send voided check w/check option.)
 \$24.99 Kayak Session Subscription (Add Kayak Session to your membership at a **40% DISCOUNT**)

AMOUNT Do NOT mail me the AW journal, I will read it online. Help us with our conservation work! And, this saves AW money.

Membership subtotal \$ _____ I am interested in volunteering

Donation subtotal \$ _____ Do NOT share my name with like-minded groups

TOTAL \$ _____ **Indicate Ender Club or Platinum Paddler shirt size (S M L XL XXL)**

TRANSACTION Type:

Cash Charge Check # _____ payable to American Whitewater

Card type: MC Visa Discover AMEX

Card Number: _____ Exp. date ____/____/____

Name as it appears on card _____

Signature _____ Date ____/____/____

Dues are **\$20 per household** (\$7 in Sept. and Oct.) and are for the CALENDAR YEAR. Memberships received after Nov. 1 will be applied to the next calendar year. Return this completed application with a check payable to **TRPC** to:

TRPC Membership Chair
384 Lindscot Lane
Wexford, PA 15090

2010 TRPC
Membership
Application
Pittsburgh, Pennsylvania
Established in 1977



(please print) Last Name			Dues: \$20 per household	\$20.00
Address			Extra Rosters @ \$2 each	
City	State	ZIP + 4	TRPC stickers @ \$1 each	
Newsletter Delivery: <input type="checkbox"/> Web Delivery <input type="checkbox"/> U.S. Mail Delivery (default)			TOTAL ENCLOSED	

Member's Mutual Agreement for Protection From Liability

DESIRING TO JOIN MY FELLOW PADDLERS IN THE THREE RIVERS PADDLING CLUB (TRPC), I DO HEREBY DECLARE THAT I FULLY UNDERSTAND AND ACCEPT THE FOLLOWING FACTS REGARDING PADDLING:

- (1) Boating (canoeing, kayaking, rafting, etc.), particularly on white water rivers, is inherently hazardous, and therein lies part of its appeal to me;
- (2) No one but myself is responsible for my safety when I choose to challenge my capabilities by paddling on any river, creek, or lake;
- (3) It is my moral and sporting "duty" to assist my fellow paddlers to the best of my own personal ability, if they appear to need such assistance, but **ONLY** so long as I can do so, in my own best judgment, without endangering myself. I understand that this does **NOT** imply any **LEGAL** duty for me to render such assistance, nor for anyone else to render me such assistance.

NOW THEREFORE, INTENDING TO BE LEGALLY BOUND, I DO HEREBY WAIVE,

for myself, my heirs and assigns, and for anyone else whomsoever claiming through me, my right to sue or in any other way to attempt to hold responsible, TRPC, its officers, and so called "trip leaders" or "trip coordinators", or any of my fellow paddlers, for any mishaps to my person or my equipment, other than that which is due to the willful and malicious action of the individual against whom I claim relief. This waiver is given in the interest of permitting TRPC to exist and to serve the paddling community, and to enable myself and my fellow paddlers to feel free to donate their services to improving the sport and to help in training those less skilled than ourselves without fear of liability.

MY WAIVER, THEREFORE, IS GIVEN IN CONSIDERATION FOR SIMILAR WAIVERS TO BE GRANTED ON MY BEHALF BY ALL OTHER MEMBERS OF THIS ORGANIZATION.

Paddler Information (please print)	Liability Waiver Signature Parent/Guardian must sign for those under age 18	Date
Name (sample): Jane Paddler K1/4, SK/F, W	Signature: <i>Jane Paddler</i>	
Phone: (412) C W 555-555-5555	Email: JanePaddler@anywhere.com	
#1 Name:	Signature:	
Phone: H C W	Email:	
#2 Name:	Signature:	
Phone: H C W	Email:	
#3 Name	Signature:	
#4 Name	Signature:	
#5 Name	Signature:	
#6 Name	Signature:	

Boat Type/Paddling Interests	Water Difficulty in which you are COMFORTABLE	Availability and Other Interests
K1 – Kayak, solo C1 – Decked Canoe, solo O1 – Open Canoe, solo O2 – Open Canoe, tandem SK – Sea Kayak IN – Inflatable (any kind)	F – Flat Water 1, 2, 3, 4, 5 – Whitewater (Beginners should list 1 or F)	W – Available Weekdays S – Available Summer Weekdays I – Impromptu Paddling C – Canoe Camping

<p>TRPC is an all-volunteer organization and participation of our members is needed in order to continue the variety and quality of programs and services provided in the past. If you are interested in helping TRPC in any of the areas listed to the right, please check those items:</p>	<input type="checkbox"/> Clinic Instructor/Assistant <input type="checkbox"/> Meeting Programs <input type="checkbox"/> Food & Beverages (mtg.) <input type="checkbox"/> Outings <input type="checkbox"/> Safety <input type="checkbox"/> Conservation <input type="checkbox"/> Newsletter <input type="checkbox"/> Club Roster	<input type="checkbox"/> Trip Coordinator River/Section to be run: _____ Date(s): _____
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Paddler's Gauge

Submissions

We welcome and invite articles, trip reports, information about upcoming trips and releases, opinions, reflections, poems, photos or anything else you would like to see in the Paddler's Gauge. This is YOUR newsletter. Please note, however, that the Editor reserves the right to edit all articles submitted for length or appropriateness. Please submit articles via email to bkilbert@gmail.com and rjgst31@yahoo.com

OFFICERS AND BOARD MEMBERS			
Chairperson	Kent Reigel	C 412-427-9872	kezsksis@verizon.net
Vice Chairperson	Jeff Rahuba	H 412-882-2803	jrahuba@state.pa.us
Programs	Jeff Rahuba	H 412-882-2803	jrahuba@state.pa.us
Secretary	Dave Mueller	C 412-334-6256	dmueller@verizon.net
Treasurer	Steve Wang	C 724-721-8212	lost_rivers@yahoo.com
Conservation	Chrissy Zeltner	C 304-612-1084	chrizee@msn.com
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Outings	Steve Bloskis	H 412-831-1486	k1buddha@yahoo.com
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Racing	Natalie Thomas	H 724-935-5482	nthomas1@connecttime.net
Safety	Bob Kilbert	C 412-216-1160	BKilbert@gmail.com
Video Librarian	Phyllis Gricus	C 412-654-8693	pgricus@verizon.net
Webmaster	Brian Lorence	C 724-396-6489	webmaster@threerivers.org
AW Liaison	Barry Adams	H 412-242-4562	bj2adams@juno.com

Your 2010 TRPC Membership Form is Enclosed

TRPC Meetings

Club meetings are held the third Tuesday of each month, at 7:30 p.m. (Except December and January)

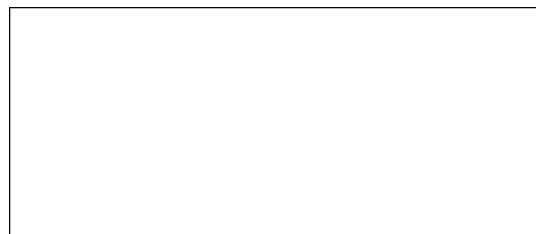
Meeting Place

Carnegie United Methodist Church
415 Washington Ave., Carnegie.

Directions: If you are traveling on the parkway heading to the airport, get off at the Carnegie/Heidelberg exit #2. The ramp splits. Take the left lane (Heidelberg). This turns into Lydia Street. Less than ¼ of a mile, you will see a large parking lot on the right. On the left is a business called Xi-tech. Park in the lot on the right. The church is the last building on the right, next to the parking lot. Lydia Street ends at Washington Ave. If you are coming from the parkway towards downtown, take the Carnegie exit again. Directions are the same because that ramp drops onto Lydia Ave.



**Please support
American
Whitewater**



**2010 Membership
Form Enclosed**

Three Rivers Paddling Club
6830 Italy Road
Export, PA 15632



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New Kensington, PA
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