



# The Paddler's Gauge

**Next Meeting:**  
Apr. 15 at 7:30 p.m.

**Program:**  
By Dr. Jack Ditty on dislocated shoulder evaluation and "in the field" treatment.  
*Don't miss this one!*

**Slip Clinic info is in this issue. Registration Deadline is MAY 25.**

May newsletter deadline is April 18.

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## Slippery Rock Training Clinic Saturday and Sunday , June 7 & 8, 2008

The Slip Clinic is a great opportunity for beginners, practiced beginners, intermediates and youth to improve their paddling skills and techniques. It is also a great opportunity for more experienced paddlers to get involved. We are asking every experienced boater to help by instructing, assisting, safety boating or just coming out for dinner, fun and camp-fire Saturday night! EVERYONE can be involved! The philosophy of the clinic is to teach paddlers on water where they feel totally comfortable, with progression to more difficult skills and water after mastery of basic skills has been demonstrated. Adult forms for the clinic are available in the newsletter. Youth and adult forms can be downloaded from the TRPC website. Completed hard copies must be mailed to the appropriate coordinator at the addresses specified on the forms. Steve Kroser is coordinating the Adult Clinic this year and Martin Wick is coordinating the Youth Clinic.

All students, instructors and assistants must be members of the Three Rivers Paddling Club to participate. The cost of the clinic is \$25 per adult student, \$15 per youth student and FREE for all instructors and assistants. Three Rivers Paddling Club will even throw in a free dinner for all instructors and assistants; donations to help offset the cost of the dinner are welcome. There are additional charges for dinner and camping, as well as becoming a member of the club. These charges, along with the clinic fees, are detailed on the Registration Form.

**CLINICS**

**Adult Clinic:** The adult clinic is offered to all adult **members** of TRPC. This includes all students aged 16 and older. Adult clinic participation requires all the appropriate forms to be completed and submitted to the clinic coordinator, Steve Kroser, by May 17, 2008. Adult forms are available in the newsletter and on the TRPC website. If you are unable to download ADULT Slip Clinic forms, contact Steve Kroser at 412-680-7307 or [steve@kroser.com](mailto:steve@kroser.com)

**Youth Clinic:** The Youth clinic will be offered for children of **member families** who are at



least six years old. It runs concurrently with the adult clinic. Children 16 years old or older may participate in the adult clinic, but the youth registration forms should be used. Youth clinic participation requires all appropriate forms to be completed and signed by a parent or legal guardian, as detailed below. If you have any questions regarding the Youth Clinic AFTER reading the appropriate forms listed below, please contact Martin Wick at 724-283-7004 or [evilskunkface@yahoo.com](mailto:evilskunkface@yahoo.com). Youth forms are available on the TRPC website. If you are unable to download YOUTH Slip Clinic forms or if you do not have internet access, contact Martin Wick

**FORMS NEEDED:** There is a variety of clinic forms available depending on your (your family's) needs. All forms are available for download on the TRPC website. The forms and instructions are as follows:

**Prerequisite to participate:**  
**Membership Form-** Must be com-

*(Continued on page 4)*

## New TRPC Treasurer

Our newly elected treasurer, Mark Mershon, announced that he needs to step down. We would like to thank Mark for his efforts and wish him well on his new position in North Carolina.

We would also like to welcome Steve Wang as the newly appointed TRPC Treasurer for the remainder of 2008 (appointment per TRPC Constitution, Article V, Section 3).

# Racers' Eddy

By Natalie Thomas



Slalom Skills & Drills Trip 2007



Adam & Zack at Dog Days Slalom



Chrissy at US Wildwater Team Trials



Jim at Dog Days



Esopus Slalom in NY

**Last year's race season was a great success,** with first timers, serious athletes and old timers joining in the fun! TRPC members were among this group learning in clinics and racing. Want to improve your river running skills, refine that duffek stroke, learn how to run gates or speed downriver? Come join us for this year's season!

## Schedule

- US Wildwater Team Trials—April 5-6, 2008. Not ready to compete? Come to the Cheat Narrows & cheer Chrissy on! Volunteers needed. Contact Chrissy Zeltner.
- US & Canadian Slalom Olympic Team Trials & Pan Am Championships—April 25-27, 2008, Charlotte, NC. If you're in the area, come root for the US Team hopefuls.

- Slalom Skills & Drills—May 4, 2008—see newsletter for details.
- Wildwater Clinic-May 31-North Branch of the Potomac. Watch website for details.
- New England Slalom Series—9 races this year, check out website:  
<http://aca.whitewater-slalom.us/a-ness.htm>
- Dog Days Slalom, August 16-17, 2008—Part of the Penn Cup Series
- Riversport Slalom & Clinic—August 23-24, 2008-Part of the Penn Cup Series

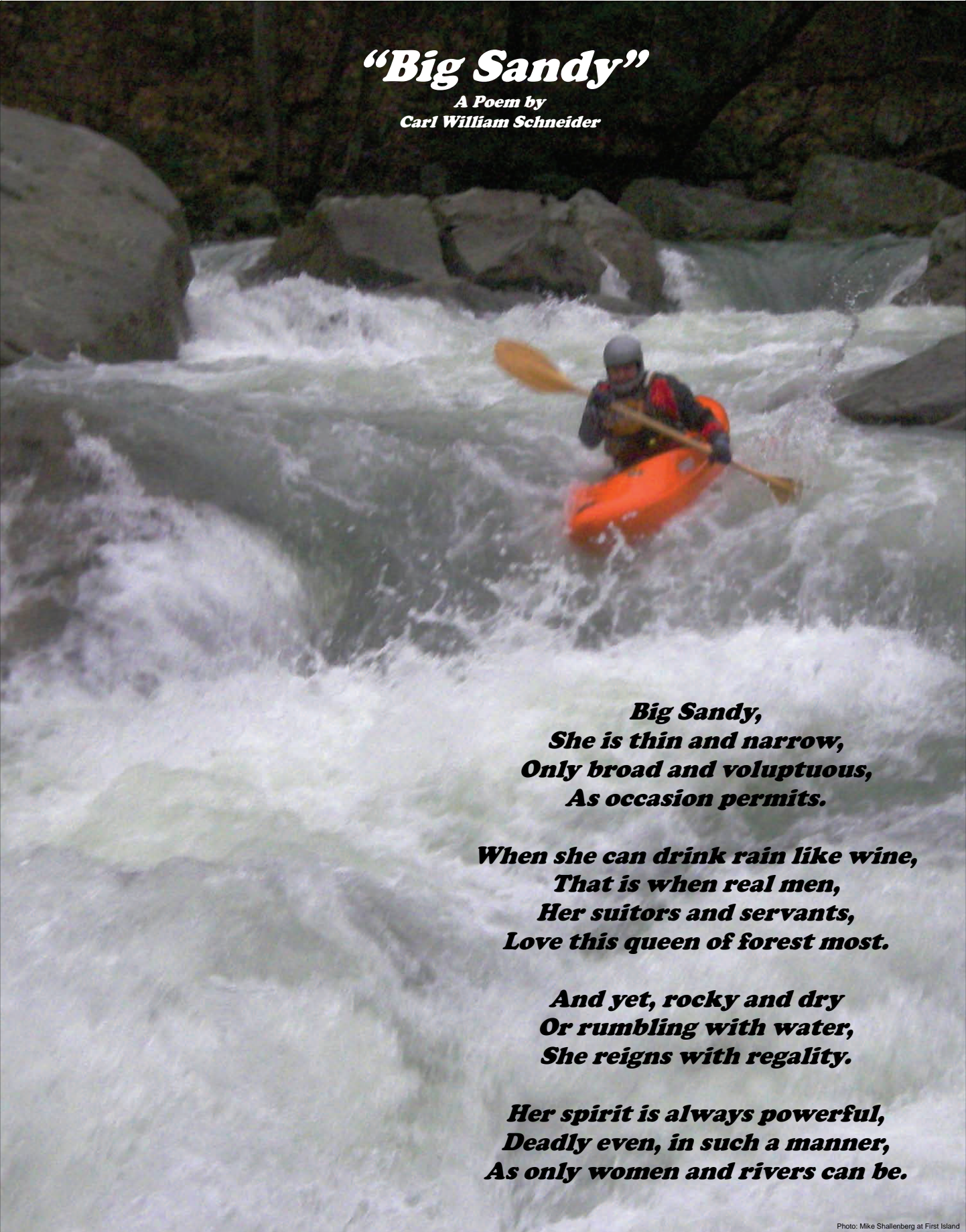
More information will follow. Watch the newsletters and message board for updates.

For Wildwater, check out: [www.usawildwater.com](http://www.usawildwater.com) and for Slalom, check out: [www.daveyhearn.com](http://www.daveyhearn.com)

See you at the races! Natalie

# ***“Big Sandy”***

***A Poem by  
Carl William Schneider***



***Big Sandy,  
She is thin and narrow,  
Only broad and voluptuous,  
As occasion permits.***

***When she can drink rain like wine,  
That is when real men,  
Her suitors and servants,  
Love this queen of forest most.***

***And yet, rocky and dry  
Or rumbling with water,  
She reigns with regality.***

***Her spirit is always powerful,  
Deadly even, in such a manner,  
As only women and rivers can be.***

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pleted by each non-member family or individual. **You must be current TRPC member to participate in TRPC clinics.**

#### Adult Students & \*Instructors:

**Adult Clinic Participation & Experience Survey Form** - Must be completed by each adult student.

**\*2008 Slippery Rock Clinic Registration Form** - Must be completed by each family group (or individual participant) and each **instructor**.

**\*ACA Release and Waiver (adults)** – Each student and each **instructor** must complete an ACA Release and Waiver (one form for each participant). This form is found at the bottom of the 2008 Slippery Rock Clinic Registration Form.

#### Youth Students:

**Youth Clinic Participation & Experience Survey Form (2-page form)** – Must be completed for each YOUTH student.

**ACA Release and Waiver (minors)** – Each minor student must have an ACA Release and Waiver completed and signed by a parent or legal guardian (one form for each minor student).

**Medical Release Form (for Youth Clinic)** – Each minor student must have a medical release form completed and signed by a parent or legal guardian (one form for each minor participant).

**Youth Clinic Check-off List (for Youth Clinic)** - Each minor youth clinic student must have a youth clinic check-off list completed (one form for each youth clinic participant).

#### Adult Instructors:

**Clinic Instructors' Request Form** - Each instructor to complete and return ASAP to clinic coordinator. Please remember to include the Registration Form and ACA Release Form.

### **REGISTRATION DEADLINE AND MAILING INSTRUCTIONS**

The clinic continues to be very popular and fills early. Registration ends when the classes are filled or **May 17, 2008**, whichever comes first. No registrations will be accepted after the deadline.

Mail all completed **ADULT forms**, as listed above, with checks payable to "Three Rivers Paddling Club" to:

**Steve Kroser**  
**1836 Shaw Avenue**  
**Pittsburgh, PA 15217**

Mail all completed **YOUTH forms**, as listed above to:

**Martin Wick**  
**133 Whitmire Road**  
**West Sunbury, PA 16061-2227**

**Fees for the Youth Clinic:** Send checks payable to "Three Rivers Paddling Club" to **Steve Kroser**.

### **INSTRUCTORS, ASSISTANTS AND SAFETY BOATERS**

Instructors and assistant instructors are needed! Remember the way you felt when someone taught you to paddle? Remember the way they cheered as you did your first wobbly eddy turn and smiled when you swam the last two rapids? Even if you haven't taught before, you can help! We can put you with an experienced instructor. We also encourage you to participate in an instructors' clinic prior to the event. All instructors must be 18 or over. You can even request a level to teach. If you just want to safety boat, let us know and if we have a group to put you in, we will try to accommodate you.

### **SATURDAY DINNER**

This year, we are planning a Saturday evening Chicken and Beef or Pork dinner beginning around 6:00p.m. at Breakneck Campground, which is located across the road from Betsy's Barn. Accommodations can be made to have Veggie Burgers *on a limited basis*. Dinner was great last year and we expect the same this year. There will be a charge of \$13 per adult & \$8 per child (ages 8 & under) if you want to join us. Alcoholic beverages will not be available, but BYOB. Everyone is invited to come out for dinner, even if you're not attending the clinic.

This year we are planning a group campfire after dinner. Bring your marshmallow roasting stick, favorite paddling stories, a comfy chair, musical instrument, etc. Fixings for 's'mores will be provided. All are welcome

### **BREAKFAST**

Once again, the Cheesemans will be providing breakfast both Saturday and Sunday morning at the campground lodge. Cost will be around \$5. This has been a big hit since it began; you will get plenty to eat. It cannot get any more convenient than this!

### **CAMPING**

Camping this year will again be at Breakneck Campground located on Cheeseman Road. The cost for camping is \$6 per person for the grassy or gravel sites, payable upon arrival. The 10'X10' wooden decks are \$15 per night, the 3-sided hut is \$25 and the "deluxe" cabin with electricity is \$60 per night. The



Cheeseman's will take reservations for the hut and cabin. All other sites are first come, first served. Visitors are welcome to join the campfires Saturday evening and visit vendors at no charge. We are responsible for making sure we leave the campsites as we found them – CLEAN.

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## \* \* \* Special Request for the Youth Clinic \* \* \*

In addition to instructors for the youth clinic, we will need 2-3 able-bodied individuals looking to get in a good workout for the day, specifically a bicep workout!

### Kayaking knowledge is **NOT REQUIRED**.

You will spend a good part of Saturday late morning/early afternoon merely emptying kayaks at the lake. Why, you ask? After some paddling instruction, the kids will learn to safely exit the boats should they ever flip. Once they do this, it will be hard to keep them in the boats, as they will insist on flipping over and over "accidentally on purpose" as the saying goes. Each time this occurs, the boats then need to be emptied of water. Most of the children are not able to lift their boats when empty, let alone full of water. Training will be provided, if needed.

If you just need some exercise, a good workout or a way to occupy a couple of hours on Saturday, then let this be your calling. Throw on your muscle shirt and



come out to join us. Be sure to bring a lunch as you may get hungry. Contact Martin Wick at 724-283-7004 or [evilskunkface@yahoo.com](mailto:evilskunkface@yahoo.com) with questions about this activity!

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### **EQUIPMENT**

Students must provide their own equipment, including their own boats. Many local paddling stores rent as well as sell equipment. Try Wind and Water Boatworks, Riversport, Outdoor Rec. Equipment in Ohio, or Rocky Mountain Kayaks. Used equipment can be found in the Boater's Marketplace at [www.threerivers.org](http://www.threerivers.org).

Each participant **must** have:

- **OPEN boats with** flotation foam or bags, painters on both ends of the boat
- **CLOSED boats with** properly attached grab loops in good repair on both ends of the boat, full flotation bags, foot braces
- **Helmet** that fits
- **Spray skirt** - that fits both you and the boat (closed boats)
- **PFD (Life jacket)** that fits— must be worn by all participants
- **Paddle** – correct size for you and your boat
- **Clothes** - for paddling that suit the weather (cotton is bad)
- **Shoes** – that will stay on in swift water
- **Lunch** – for each day in a waterproof container
- **Water bottle** - with plenty of fluids
- **Strap for eyeglasses** - if needed
- **Sunscreen**
- **A method to tie items in your boat** - many use carabiners.

### **WHERE AND WHEN**

Saturday and Sunday, June 7th and 8th - **Meet BY 9 a.m. for sign-in at Breakneck Campground** (see directions below). Yes, there will be donuts if you get there early!

### **DIRECTIONS**

**To the Clinic:** We will be meeting at Breakneck Campground on Saturday morning. Take I-79 to Exit 96. Go West on Rte. 488 one half mile to Rt. 19. Take Rt. 19 North one mile. Turn left on Cheeseman Road. Go two miles to the campground on left.

**To the Campground:** See above for directions. For more info, [www.cheesemanfarm.com](http://www.cheesemanfarm.com)

**To the Dinner:** Dinner will be at Breakneck Campground. See above for directions.

### **EQUIPMENT EXCHANGE**

Don't know what to do with extra or outgrown equipment? Bring it to the used equipment exchange in the campground. All equipment should be labeled with the owner's name, phone number, and asking price. Boats for sale should be left on cars and have "for sale" signs on them. All equipment should be removed after dinner.

**Remember that all SIGNED forms must be submitted to: Steve Kroser (Adult Clinic) or Martin Wick (Youth Clinic)**

## **BY MAY 17, 2008**

Please note that all payments should be sent to Steve Kroser.



# TRPC Spring Calendar of Events

Date	Trip	Coordinator	Phone	Email
Apr. until it dries up	Slip (Wed. noon) II-III	Steve Bloskis (TENTATIVE)	C 412-715-1813	k1buddha@yahoo.com
Apr. until it dries up	Slip (Wed. 5:00) II-III	Gary McCormick Bill Schwab	H412-885-0712 C412-915-6030	garymccormick@verizon.net pakayaker2000@yahoo.com
Apr. 11	First Upper Yough Fri. Release			
Apr. 11-13	Blackham Memorial Trip, S. Branch Potomac I-III	Donna Egbert Judy Polczynski-Macklin	C 412-719-6637 C 724-448-1602	chikadee2@aol.com jpolczy777@aol.com
April 11-20	Southern Trip III+, V	Jeff Prycl	C 724-331-9566 W 724-925-9675	prycl@rockymountaingarage.com
Apr. 15	TRPC Meeting			
Apr. 19-20	Tygart Weekend II-IV, Audra State Park	Mike Bailey	H 412-881-2244	baileybuild@comcast.net
Apr. 20	Nature Paddle, Little Beaver Creek F-I	Shelley Nilson	H 412-487-3255	shelley.nilson@gmail.com
Apr. 20	In Search of the Silver Beaver (Slip) II-III	Mark Konopasek		
Apr. 25	Lower Big Sandy IV	Keith Pasquariello	C 724-255-1148	
Apr. 25-27	Stonycreek Rendezvous II-IV	Steve Podratsky	H 814-266-9744	spodrasky@aol.com
Apr. 26	Lower Stonycreek River Beginner Trip (9:00) II	Judy Polczynski-Macklin	C 724-448-1602	jpolczy777@aol.com
May-Aug.	Wednesday Night Roll Sessions (6 p.m. until ?)	Jeff Prycl	C 724-331-9566 W 724-925-9675	prycl@rockymountaingarage.com
May 2	Cheat Downriver Race III-IV			
May 3	Connie II	Dean Fletcher	H 724-452-5356	
May 3	Cheat Fest (Narrows) II-III	Judy Peascoe Gary McCormick	H 304-295-4233 H 412-885-0712	jagp@mountain.net garymccormick@verizon.net
May 3-4	Cheat Fest III-IV			
May 4	Slalom Skills & Drills, Connie or Slip II	Natalie Thomas	H 724-935-5482	nthomas1@connecttime.net
May 10	Slip III	Joe Marks	C 216-533-0604	joemarks@adelphia.net
May 20	TRPC Meeting			
May 24	Kids' Trip II-III	Chris Bailey	H 412-881-2244	baileybuild@comcast.net
May 26	Upper Yough IV-V	Steve Bloskis (TENTATIVE)	C 412-715-1813	k1buddah@yahoo.com
June 7-8	<b>Slippery Rock Clinic</b>	Steve Kroser	M 412-680-7307	skroser@gmail.com
June 14	Lower Yough III	Suhail Baloch	C 412-491-5831	sbaloch@comcast.net
June 17	TRPC Meeting			

For last minute changes and impromptu trips, check the TRPC message board at <http://threeriverspaddlingclub.com/>

## Lower Yough Loop Trips, Sunday Afternoons, Starting in June

Coordinator: Jeff Prycl  
724-331-9566

Location: Lower Yough Loop

Meeting Place: Ohiopyle, PA  
11:30 a.m. in Ferncliff parking lot  
3:00 p.m. at the Boaters' Change House

Trip Description: Come and join Jeff and his friends for an instructional Sunday afternoon. Bring a lunch. Learn to

ferry, catch eddies and surf above the Rte. 381 bridge from noon to 3 p.m. Boat control is the goal.

Loop Trip starts at 3 p.m. You will practice skills taught earlier in the day. We try to get off the river at 7 p.m.

Safety boaters are always welcome, especially after 3 p.m.

Call Jeff or check the message board for last minute changes.

## Kayak Roll Lessons

Jeff Prycl, owner of Rocky Mountain Kayak, is conducting roll classes in his 2-acre pond on Wednesday evenings in

New Stanton, PA. There is a minimal fee for insurance cost and wear on equipment. Call Jeff at 724-331-9566 for directions and details.

# Pool Sessions

Finding a pool that is willing to let kayaks in their water is sometimes difficult. Pool owners are worried about debris and contamination.

Please, **CLEAN YOUR BOAT**  
before taking it to a pool session!

Some of the following pool sessions fill up quickly and others will require a minimum number of participants before they can run, so make arrangement as early as possible. If you are conducting winter pool sessions and would like to have them published by TRPC, e-mail the information to [jmac221@gmail.com](mailto:jmac221@gmail.com). Watch the TRPC message board and next month's newsletter for additions and/or changes for pool sessions.

**Carnegie Mellon University, Pittsburgh:** Pool sessions are every Thursday from 9-11pm when CMU classes are in session. Pool sessions are free for members of CMU Explorers Club (\$20 membership fee per academic year) or \$5/session for non-members. Parking is free in the East Campus Garage. The pool is located in the University Center Building on the CMU campus. Contact: Brian Kish at (440) 476-3729, [Bkish@andrew.cmu.edu](mailto:Bkish@andrew.cmu.edu) or Jeff Johnston [jjohnst1@andrew.cmu.edu](mailto:jjohnst1@andrew.cmu.edu)

**California University:** Tom Kinsey and Kevin Cupp have arranged pool sessions on Wednesday nights from 8-10 p.m. starting February 6. If interested, call Kevin Cupp at 724-366-1578 to get your name on the tentative list.

## SOUTH BRANCH OF THE POTOMAC\* Jim Blackham Memorial Trip

Friday through Sunday  
**April 11, 12, and 13**

**Lots of other things to do... bring the whole family!**

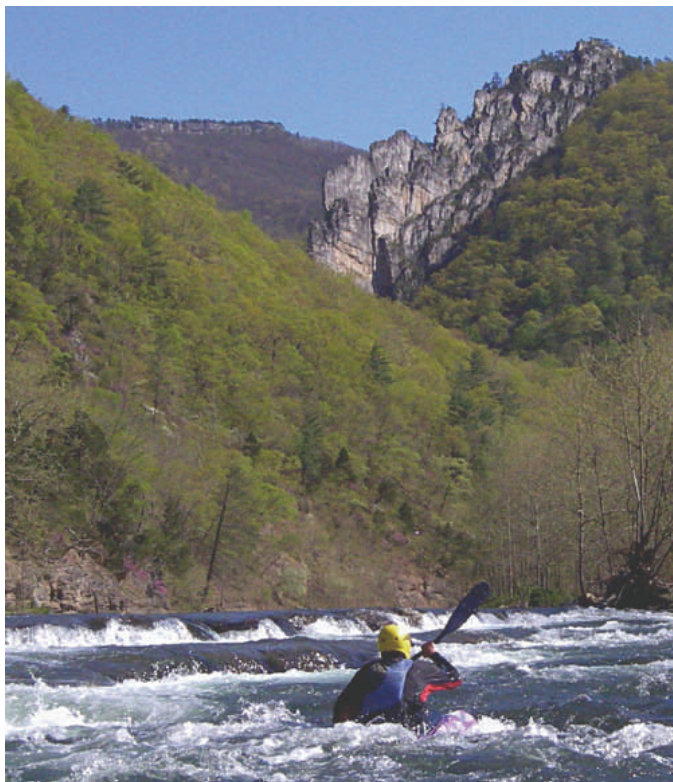
\*ALL ARE WELCOME!

**Coordinators:** Donna Egbert C412-719-6637  
Judy Polczynski-Macklin C724-448-1602

Due to variable water levels, last-minute changes may be made. Call **Judy** by cell phone to check last minute arrangements. We usually head for West Virginia on Thursday.

**FRIDAY:** Join us for a scenic, 10-mile run on the Class II North Fork of the Potomac River, beginning at the base of spectacular Seneca Rocks. Meeting time will be 12:00 p.m. in the parking lot at the base of the rocks. Plan to arrive earlier if you want to hike to the viewing platform of the Seneca Rocks North Peak. Many of us often have a picnic lunch in the parking lot prior to running shuttle at 12:15 p.m. Put-in will be at 1:00 p.m. Bring water and a snack for on the river. The group usually has dinner in Petersburg, complete with storytelling and photos from previous years' Blackham trips. Please bring pictures if you have any to share.

**SATURDAY:** We will organize the 12-mile run on the South Branch of the Potomac in the parking lot of the Fort Hill Motel in Petersburg. Be dressed and ready to go at 8 a.m. Pack a lunch and plenty of drinking water for on the river. This is a very scenic Class I-II run, suitable for beginners and canoes. The main group will be putting in at Big Bend Campground and paddling to the outskirts of Petersburg. However, there is a shorter Class II-III run upstream from Big Bend with access from the shuttle road that may also be run if anyone is interested. After paddling, join the group for another fun-filled dinner at a local restaurant after sprucing up from a day of paddling.



View of Champe Rocks from N. Fork of the S. Branch of the Potomac

**SUNDAY:** Meeting time to be determined Saturday evening. We will once again organize in the parking lot of the Fort Hill Motel. Usually, we run Hopeville Canyon, a scenic 4-mile Class III stretch of the North Fork, before heading home.

**OTHER ACTIVITIES:** Local trails for hiking are available at Seneca Rocks, Dolly Sods, and Spruce Knob, West Virginia's highest point. Check out underground West Virginia at Smoke Hole Caverns or Seneca Caverns. Enjoy the lo-

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cal color at Yokum's and Buck Harper's general stores. The Discovery Center at Seneca Rocks is quite interesting and is a great place to get ideas for local outdoor activities. Mountain biking trail information is also available at the Discovery Center. Bring along your camera, as photographic opportunities abound in this scenic area! Fishing in Seneca Creek and the South Branch is great, but you need a West Virginia Fishing License, available at the crossroad village of Seneca Rocks.

**Accommodations:** Suggested accommodations are at the

Fort Hill Motel in Petersburg, WV (304) 257-4717. Smoking is not permitted on the motel property. Small refrigerators and microwaves are provided in every room. Make your reservations as soon as possible, as this is a popular destination in the spring and rooms fill up quickly. One more perk ... free fresh-popped popcorn available in the motel lobby!

Camping is available near Seneca Rocks at Seneca Shadows Campground (877) 444-6777 or Yokum's Vacationland/Princess Snowbird Campground (304)567-2351.

## Annual Southern Whitewater Trip

Date: **April 11 - April 20**  
 Place: Various Southern Rivers  
 Coordinator: Jeff Prycl  
 Phone: 724-331-9566 C  
 Email: prycl@rockymountaingarage.com  
 Meeting Place: Call Jeff

This trip is mostly a class III-IV trip with some class V's. If you are comfortable on the Cheat at 3.5' or the Yough at 4.0', this trip is for you. You can always walk any rapid you wish.

Some of the rivers paddled on past trips include: The Nolichucky III-IV, depending on water levels; Laurel Creek III-IV; Wilson Creek III-IV; Obed-Emory Watershed III-V; Chatooga IV-V; Chauga V; Little River (Smokey Mountain III-IV); Tellico (III-IV); Watagua (IV-V). There is no set itinerary.

This is a camping trip in state and private campgrounds with in-camp cooking, and occasional "on the



Little River, TN. John Franko boofing at the Sinks

road" restaurant stops.

Bring equipment suitable for steep creeks and cold weather paddling. Be prepared for almost any kind of weather. In the past, we have had weather ranging from 90 degree days to 25 degree snowy nights.

## Tygart River Weekend

Date: **April 18, 19, 20**  
 Location: Tygart River, West Virginia  
 Meeting Time: 9 a.m. on Saturday & Sunday  
 Meeting Place: Audra State Park Campground  
 Coordinator: Mike Bailey, 412-881-2244  
 Sections of the river expected to be run:  
 >Tygart Gorge, Arden Section, Lower Middle Fork (Class IV),  
 >Upper Middle Fork, if running (Class II- III)  
 Camping: **Audra State Park Campground**  
**(changed from last year)**

Please call Mike (412-881-2244) if you plan on attending or have any other questions. If you have signed up for the trip and cannot attend, please let Mike know. Check the TRPC message board for last minute information.

So, bring your pogies and winter woolies, as we don't know what the weather will bring this time of year. It could be chilly, but pray for rain and sunshine.

### Directions to meeting place:

-- None of the routes to Audra State Park are direct or

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easy. If it is convenient for you, take I-79. Otherwise, look at a map and decide for yourself what would be best. Try not to use any roads that run east to west, as these will take you up and over the mountains and this is very time consuming. Take I-79 South to route 20 East. From Route 20 take Route 119 North. Make a right towards "Volga" and stay on that road until you come to Audra State Park (the gate may be closed).

**Approx time from Pittsburgh 3hrs+**

#### **Trip Description:**

-- Come one, come all! This is a great trip. Depending on water levels, there are several classes of rivers to run, class II-III, IV, IV - . Depending on turnout, we will probably have two or three groups heading out. So, please call ahead! We stay in one of my favorite campgrounds, Audra State Park. This is right on the Upper Middle Fork River and the entire camping area is full of Mountain Laurel. Most people will be getting there Friday night. As always, we'll try to cook breakfast Saturday for all who are daring enough to eat my cooking. I will try to bring the club tarps this year, along with



Joe Sullivan at the Tygart Middle Fork surf spot

some firewood. If anyone else can bring some firewood, it would be greatly appreciated! Hopefully this will help make up for the lack of facilities this year.

Hope to see you there – bring a friend!  
Mike.

## **Little Beaver Nature Trip** **Sunday, April 20**

The Little Beaver is a beautiful Class I run just over the state line in Ohio. There is an optional Class II rapid with an alternate take out at Grimm's Bridge, rather than Fredricktown, for those who want a little more action. We will put in at Beaver Creek State Park, or a little higher, depending on water levels. April is a perfect time to see the incredible spring

wildflower display, vernal pools and lots of bird activity. Past sightings have included Bald Eagles, numerous water fowl and Pileated Woodpeckers. The creek was part of the Sandy and Beaver canal system, and the stone locks are still visible. We will be stopping for lunch along the way. This is a leisurely trip, and my notes call for a minimum flow of 600cfs. Call Shelley Nilson 412-487-3255 if interested; details later.

## **"In Search of the Silver Beaver"** **Slippery Rock Creek, April 20**

The Search for the Silver Beaver trip is delayed a few weeks from it's usual 1st weekend in April to allow a bit of warmer weather to encourage the beavers to come out of their winter hidings. With any luck, we might catch a glimpse of a beaver warming itself in the sun on the rocks or even at play. It is important to be quiet when rounding bends in hope to catch beaver at play along the shore before they notice us. When we are discovered, they will probably stop playing and either run into the tree line or pull their clothes back on to cover the beautiful airstrips and fuzzy lightning bolts. Occasionally, you might come upon a bold beaver that does not care if you gaze at it or watch it playfully couple with another. It is for one of these occurrences that the trip was named a few years ago by Gary McCormick . Since Slippery Rock University's Spring se-

mester is over in early May,, there is a good chance that the warmer weather combined with the local academic calendars will bring out the elusive Silver Beaver for us again. Bring your cameras.

As for the facts:

It is a Slip trip aimed at "the mile" but starting a Rose Point. The trip will be adjusted to accommodate the best fit for the paddlers and the water level that morning. We have had to do the Eckhart to Harris section in previous years and even moved to the Connie due to high water. (The day the wall fell next to the mill, we ran the Harris portion then the Connie.) Everything is dependant on the abilities and willingness of the paddlers. This year, we hope to put in either at Rose Point (or Kennedy's Mill if there is enough water) and take out at Eckert Bridge.

The Smiling Trip Coordinator,  
Mark Konopasek  
C 412-736-1770 pappykono@yahoo.com

## Class IV Trip

When: Saturday, April 25th at 9:00 a.m.  
 Where: We will meet at Little Sandy's Restaurant. It's just a stone's throw away from the Bruceton Mills exit of Rt 68 in WV.  
 Who: I am Keith Pasquariello.  
 My cell is 724 255 1148.  
 If you are going with us, please call.

If you have class IV skills or think you do, here's your chance for some fun. Bring your creek boat and we will go

where the water is.

### Options, Options, Options!

First choice is the Lower Big Sandy (LBS). If the LBS is too high, we will look at the Little Sandy into the Upper Big Sandy (UBS). If the UBS is too high, we could we get so lucky that Fikes might run. If there's too much water for Fikes, there is a little creek called Roaring that we would love to paddle. If we don't have much water, the Top Yough might do. Then last but not least, the Upper Yough is a possibility. If you have any questions or concerns, do not hesitate to call.

## Stonycreek Rendezvous

### April 25, 26 and 27

The festival site will be Greenhouse Park in Tire Hill (near Johnstown), PA. This party/celebration will have something for everyone.

**There is another limited Whitewater Release scheduled this year!  
 Come support this historic event.**

Rain or shine there will be plenty of activities, including a raft trip Saturday and Sunday, a moving-water/class I race Saturday, a down river race Friday late afternoon and an amateur rodeo Saturday. New for this year will be a play

boat X sprint race. For friends that do not paddle (and early Saturday paddlers), there is an organized mountain bike ride Saturday afternoon as well.

*Please think of yourselves as guests in someone else's community and obey speed limits, pick up litter, and be considerate. The potential whitewater park, white-water releases, and this event all would not be possible without community support. A little effort will go a long way!*

The Stonycreek River and its tributaries have many challenges for the beginner and novice paddler, as well as offering more difficult runs for the more experienced only. Ten rivers and creeks from class I thru V are within 20 minutes of the Stonycreek Rendezvous festival site. Lets make a bigger splash this year!

**The TRPC Beginners' Trip has become an annual event at the Rendezvous. Participants will meet in Greenhouse Park on Saturday at 9:00a.m., dressed and ready to paddle. Experienced boaters are needed. Share your knowledge while helping this trip.**

## CONNOQUENESSING CREEK

### Saturday, May 3

Coordinator: Dean Fletcher  
 Location: Ellwood City, Pennsylvania  
 Meeting Place: Zona Tours bus garage parking lot.  
 Meeting Time: 10:00 a.m.

Sections of the river expected to be run:

- Frisco to Wurtemberg; Class II-III (1.5 miles)
- Wurtemberg to Sewage Treatment Plant; Class II-III (3.5 miles)
- Sewage Treatment Plant to Rock Point; Class III (1.5 miles)

Directions to meeting place:

From Pittsburgh, take I-79 north to Exit 26 (Evans City/Route 528). Go left on Route 528 to the stoplight. Go right on Route 19 north. About 2.5 miles into the town of Zelienople, at the second stoplight, turn left onto Route 288 west (the Kaufman House restaurant will be on your left at this light). At the edge of town, you will cross a bridge over the Connoquenessing. Shortly after the bridge you will come to a "Y" in the road where you bear right to stay on Route



Dean Fletcher is smiles through Railroad Rapid on the "Connie"

288. Go about eight miles to the second stoplight and turn right onto River Road. Bear left along River Road to stay along the river and go about 1.5 miles to a "T" where you turn left onto Route 488 west. Immediately cross the Wurtemberg Bridge and the Zona Bus garage is on the right, just after the bridge.

## Cheat Narrows Trip

### May 3, 2008

Meeting Time: 10:00  
 Meeting Place: Albright Exxon  
 Difficulty: Class II-III @ 300cfs to 2000cfs  
 Contacts: Judy Peascoe H.304-295-4233,  
[jagp@mountain.net](mailto:jagp@mountain.net)  
 Gary McCormick H.412-885-0712,  
[garymccormick@verizon.net](mailto:garymccormick@verizon.net)

This is a great class II-III trip that can be run fairly straight (if you are cautious), but has lots of opportuni-

ties to play if you desire. There is one major rapid, Calamity, that has to be scouted. Plan for 3 to 4 hours on the water. The last two years, there have been hot dogs and sodas available at the takeout for a donation.

At the Christmas party, Gary approached me and said that the club needed a contact person for the Cheat Narrows trip on May 3. I said that I could not lead it but would be willing to be the contact person. I will need a number of experienced boaters to set the line and to perform any rescues as I have a poor river memory and my rescue ability consists of pulling people to shore in a pool below the rapid.

## Slalom Skills & Drills Trip

Connoquenessing Creek  
**Sunday, May 4, 2008**  
 (Not a Beginner Trip)

Coordinators: Natalie Thomas and Jim Graham  
 (Who are we? Whitewater paddlers & slalom boaters each with 25+ years of paddling, slalom racing, coaching & instructional experience that we're willing to share.)

Location: Connoquenessing (Railroad Bridge to Sewage Treatment Plant) or Slippery Rock (Eckert to Harris)  
 Class II-III. (low water option - Middle Yough)

Contact: Natalie at 724-935-5482 or [nthomas1@connecttime.net](mailto:nthomas1@connecttime.net) to reserve your space on the trip, ask questions and get further details regarding time and place to meet.

Trip Limit: 10 people (not including Nat and Jim)

Requirements: You must have a reliable combat roll and be an intermediate level paddler who wants to improve your technique in K1 or C1. Kids are welcome if they are accompanied by a parent and they both meet the roll/intermediate criteria.

A slalom boat is not required (although if you can borrow

one, go for it), but is recommended. A longer plastic boat (8-13 ft. range) will also be suitable. Short play boats are not recommended as they are not designed for some of the things we will be covering (attainments, edge control, boat speed). If you do not have a long boat, please try to borrow one. Check with TRPC members who have boats that they may lend. Nat can lend 1 plastic slalom kayak (Perception Reflex- should fit the small to average sized person), first come, first served.

Trip Description: We will demonstrate then participants will practice skills and drills from the world of slalom racing. We will not be using slalom gates, just a lot of features of the river. When you finish the trip, you will be tired (or you weren't trying hard enough) and you will have a repertoire of specific drills to practice the next time you paddle. This trip is designed for those who are interested in slalom racing or for those who just want to improve their technique. Everything we cover can improve your skills for regular river running.

Topics Covered: Strokes (forward, sweep, duffek) & stroke combinations; stroke efficiency, boat control, edge control, eddy turns, peelouts, ferries (forward & back), attainments, river reading, attitude and boat speed.

Dress appropriately for the weather & water temps, bring a lunch, drink and aggressive attitude.

## Slippery Rock Creek

### May 10

Meeting Time: 10:30  
 Meeting Place: Rose Point  
 Coordinator: Joe Marks, [joemarks@adelphia.net](mailto:joemarks@adelphia.net)

We are planning to run the Upper Slip, Rose Point to Eckert (II/III). If there are any folks who just want to run the Lower Section, Eckert to Harris, (II) we could set that up for the early afternoon.

## More Events of Interest

### Riversport, Confluence, PA

#### -Riversport River Fest Saturday April 19th 2008- Demo Day, Live Music, and Movie Premier

Riversport will host their kick off to the season on Saturday April 19 from 10 am. We will have industry reps on hand from Liquidlogic Kayaks, Immersion Research, Jackson Kayak, Dagger/ Wave Sport Kayaks, and AT Paddles. Free kayak demos on site are available. There will be free product raffles on Sweet Helmets, AT Paddles, Kayak instruction, DVDs, T-shirts and more.

That night, the Lucky Dog Café presents the band, Regular Joe's. During the live music sets, we will have the latest

kayak video premiers from LVM & Effort, TV featuring "The Green River Race."

April 19	River Fest Demo Day with the band, Regular Joe's, playing
May 31-June 1	Girls At Play with Anna Levesque
June 23-27th	Kid's Kamp
July 21-25th	Kid's Kamp II
August 4-8th	Kid's Kamp III
August 16-17	River Rescue Course with Charlie Walbridge

Please call Riversport at 800-216-6991, or e-mail Andy at [Riversport@earthlink.net](mailto:Riversport@earthlink.net)

### Wilderness Voyageurs, Ohiopyle, PA

Hello TRPC!

This week, it's been in the 50's and water levels are great....as I'm sure most of you are well aware of. Hopefully you've been able to get out on some rivers. Those of us in Ohiopyle are very excited for the paddling season to be upon us!

We have a few things we'd like to share with everyone. **The first and most important is an apology from Falls City Restaurant & Pub to all of you who waited too long for food and received embarrassingly poor service.** Last season was a difficult one for us as we were extremely short staffed. That translated to the occasionally longer than acceptable wait for food and poor service. There is no better way to say it than we are very sorry! We have been working hard to remedy that this winter (anyone want a job??) and, hopefully, we'll be successful. Please join us for a beverage and some post paddling grub at the **TRPC HAPPY HOUR! Friday, April 11<sup>th</sup> from 6-8PM at the pub. Half off Margaritas, Mojitos, Drafts and a free burrito bar!**

Other events to keep in mind:

**April 19<sup>th</sup>** from noon to 4 is the **GEAR SWAP**. Many people ask us if we sell used equipment and since we don't, we started offering a gear swap day for everyone to empty out their closets and sell their old wares. Anything flies! Bring it

all down. We don't have anything to do with the transactions, we're simply a host.

**FREE DEMOS** will be offered if water levels are 3 feet or lower.

**Movie Nights!** Wednesday night is movie night. Starting Wednesday, June 4<sup>th</sup> through Wednesday, August 13<sup>th</sup> at 9 PM in the pavilion across from the pub. If you have any movie suggestions, feel free to drop me an email to [kasia@wilderness-voyageurs.com](mailto:kasia@wilderness-voyageurs.com)

**Loop Nights:** Every Friday night starting June 6<sup>th</sup> at 6:30. Meet at Wilderness Voyageurs Outfitter Store and better your paddling skills, or just join friends and WV's lead kayak instructor Susan, for an evening loop run. If you'd like to test drive a new boat, demo boats will be ½ off for loop nights. It's a great way to get out on the water!

Let us know if you are a TRPC member and receive 10% off when checking out or purchasing through [www.gearfetch.com](http://www.gearfetch.com)

Other Events:

May 17	Japanese Knotweed Removal Day
June 21	Beer & Gear Fest!

Thanks for your support and we'll see you on the river!

Kasia, Eric, Lynne and the rest of the Wilderness Voyageurs' Crew (even the dogs).

Contact us at: 800-272-4141

### TRPC Meeting Minutes

March 18, 2008

Meeting was called to order at 7:40 pm by president, Chrissy Zeltner. They were 20 members present.

**Secretary's Report:** Previous meeting minutes were read by Carl Schneider filling in for Dave Mueller. Minutes were amended to state that membership totals were 261 individual members instead of 361 individual members as previously stated in the February minutes. Minutes were then approved.

**Treasurer's Report:** Mark Mershon reported a balance of \$4,703.77 in checking account and \$5,022.19 in money market account. It was announced that Mark is stepping down as treasurer. He is moving out of the area.

**Racing:** Natalie reported that the Red Moshannon race is coming up on March 29<sup>th</sup>. Late registration is available that day until 11am. US Wildwater Team Trials is on April 5 & 6 on the Cheat Narrows. US Slalom Team Trials is on April 25-27 in Charlotte, NC at the USNWC. The Slalom Skills and Drills Trip is on May 4. Chrissy stated that wildwater clinics are in the works, one tentatively for May 31 on the N. Branch of the Potomac.

**Videos:** Phyllis now has the video library. She is working on compiling a list of the videos to be posted on the website. She requested that if someone has the equipment to convert VHS tapes to DVD, she is looking to borrow it to do it herself or looking for a volunteer to do it. Jeff Prycl said he was going to contact someone to see about it. Let Phyllis know if you can help.

(Continued on page 15)

# 2008 Adult Clinic Participation and Experience Survey Form

**Submit a completed a copy of this form for EACH adult student.**

**Please be candid and accurate concerning your paddling skills.** This survey information will be used to place you into the appropriate skill level group for the clinic with other paddlers whose abilities are similar to yours.

The Youth Clinic has its own required forms that are available at [www.threerivers.org](http://www.threerivers.org). Participants must be at least 6 yrs old. **If you do not have internet access and cannot download Youth Clinic Forms, please contact: Martin Wick 724-283-7004 for Youth Clinic Forms.**

Students Name: _____ Phone Number: _____ Email: _____ This form is for: <input type="checkbox"/> Slip Clinic <input type="checkbox"/> Turkey Bash If you participated in a previous clinic, who was your last instructor? _____	Boat Type: <input type="checkbox"/> Kayak (K1) model- _____ <input type="checkbox"/> Decked Canoe (C1 or C2) <input type="checkbox"/> Solo Open Canoe (O1) <input type="checkbox"/> Tandem Open Canoe (O2)	Dinner Assistance (This section for Turkey Bash only): <input type="checkbox"/> Help Cook Dinner <input type="checkbox"/> Help After Dinner w Cleanup <input type="checkbox"/> Dessert Bake-off Participant <input type="checkbox"/>
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**Indicate the NUMBER OF DAYS that you spent paddling (in the type of boat you will be using) on each of the following kinds of water during the past year:**

_____ Flat Water, such as lakes and reservoirs	_____ Class III Rivers, Lower Yough or Mile on SR
_____ Class I Rivers, such as the Upper Allegheny River	List most difficult rivers run and water levels: _____
_____ Class II Rivers, such as the Middle Yough (from Confluence to Ohiopyle)	_____

**CHECK THE 12 RESPONSES THAT BEST APPLY (for the boat you will be using at the clinic); ONE ANSWER PER QUESTION:**

A. SWIMMING ABILITY:	<input type="checkbox"/> Non-Swimmer	<input type="checkbox"/> Weak Swimmer	<input type="checkbox"/> Average Swimmer	<input type="checkbox"/> Strong Swimmer
B. PHYSICAL ACTIVITY PER WEEK:	<input type="checkbox"/> Less than 1 Hour Aerobic Exercise	<input type="checkbox"/> 1 to 2 Hours Aerobic Exercise	<input type="checkbox"/> 2 to 4 Hours Aerobic Exercise	<input type="checkbox"/> More than 4 Hours Aerobic Exercise
C. CONFIDENCE:	<input type="checkbox"/> Uncomfortable in and around water	<input type="checkbox"/> Comfortable in a swimming pool	<input type="checkbox"/> Comfortable in action water sports	<input type="checkbox"/> Willing to take risks in water activities

1. BOAT CONTROL:	<input type="checkbox"/> No experience, or can keep boat straight in flat water	<input type="checkbox"/> Can maneuver in Class I water to avoid obstacles	<input type="checkbox"/> Can maneuver in Class II water; can work in current	<input type="checkbox"/> Can maneuver in Class III water; can play in Class II holes and waves
2. EDDY TURNS:	<input type="checkbox"/> No experience	<input type="checkbox"/> Can make eddy turns with difficulty	<input type="checkbox"/> Can make eddy turns in Class II water	<input type="checkbox"/> Can make eddy turns in Class III water
3. FERRYING:	<input type="checkbox"/> Cannot ferry	<input type="checkbox"/> Can ferry in Class I water	<input type="checkbox"/> Can ferry in Class II water	<input type="checkbox"/> Can ferry in Class III water
4. PADDLE STROKES:	<input type="checkbox"/> No paddling experience	<input type="checkbox"/> Knows basic strokes (Forward/Reverse/Sweep/Draw)	<input type="checkbox"/> Comfortable executing basic strokes on Class II water (knows bracing/sculling)	<input type="checkbox"/> Comfortable executing basic strokes on Class III water (knows duffek/cross draw)
5. WATER READING:	<input type="checkbox"/> Little or no experience	<input type="checkbox"/> Can recognize basic river features (eddies, holes, waves, V's, etc.)	<input type="checkbox"/> Can plan routes in Class II rapids	<input type="checkbox"/> Can plan routes in Class III rapids
6. BRACING:	<input type="checkbox"/> No experience	<input type="checkbox"/> Inconsistent brace	<input type="checkbox"/> Solid brace in Class II water	<input type="checkbox"/> Solid brace in Class III water
7. RESCUE ABILITY:	<input type="checkbox"/> No exit skills	<input type="checkbox"/> Can safely exit from capsized boat in current	<input type="checkbox"/> Can self-rescue in Class II water	<input type="checkbox"/> Can self-rescue in Class III water; can assist others in Class II water
8. ROLLING:	<input type="checkbox"/> No roll	<input type="checkbox"/> Pool roll (3 out of 4 times)	<input type="checkbox"/> River roll in Class II water (3 out of 4 times)	<input type="checkbox"/> River roll in Class III water (9 out of 10 times)
9. AGGRESSIVENESS:	<input type="checkbox"/> No experience	<input type="checkbox"/> Plays on familiar rivers	<input type="checkbox"/> Plays on most rivers; explores new routes	<input type="checkbox"/> Plays a lot; works rivers long and hard

List any physical limitations or medical conditions that apply to you, such as allergies, diabetes, epilepsy, etc.:

Other comments /requests:

## Registration Form -- Slippery Rock Training Clinic, June 7 - 8, 2008

Application Deadline: May 17, 2008

**Mail this completed form and payment to: Steve Kroser, 1836 Shaw Ave., Pittsburgh, PA, 15217-1709**

Registration confirmation may be obtained by including a stamped, self-addressed envelope with your registration forms.

<b>Membership:</b> Non members may include a completed Membership Application form and payment. Download from <a href="http://www.threeriverspaddlingclub.com">www.threeriverspaddlingclub.com</a> OR contact Judy Polczynski at 724-448-1602 <a href="mailto:jpolczy777@aol.com">jpolczy777@aol.com</a>	
<b>Camping:</b> Breakneck Campground/Cheeseman Farm, 724-368-3233. <i>Pay camping fee directly to campground.</i> <a href="http://www.breakneckcampground.com">http://www.breakneckcampground.com</a>	
<b>Clinic Registration:</b> Includes instruction plus \$10.00 ACA insurance Number of adult students ____ x \$25.00 per adult student = \$ _____ Number of youth students ____ x \$15.00 per youth student = \$ _____ ACA Member Credit ____ x \$10.00 per ACA Member = \$ _____ <i>*Please list ACA member # on waiver below.</i>	\$ _____ Registration Total
<b>Saturday Dinner:</b> \$13 for age 9 to adult, \$8 for age 8 and under Number of dinners, age 9-adult ____ x \$13.00 per person = \$ _____ Number of dinners, age 8 and under ____ x \$8.00 per child = \$ _____ Number of safety boaters ____ x \$13.00 per person = \$ _____ Number of instructors/assistants ____ free	\$ _____ Dinner Total
<b>Additional Donation:</b> If desired – to help offset the cost of the clinic dinner	\$ _____ Addt'l. Donation
<b>Total:</b> Add registration fees, dinner fees and additional donations. Make check payable to <b>"Three Rivers Paddling Club."</b>	\$ _____ <b>TOTAL</b>

**EACH PARTICIPANT must read and sign a separate form:**

### AMERICAN CANOE ASSOCIATION, INC. WAIVER AND RELEASE OF LIABILITY

IN CONSIDERATION of being permitted to participate in any way in the American Canoe Association, Inc. sports and recreation program and related activities ("Activities") I, for myself, my personal representatives, assigns, heirs and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Paddlesports and related Activities and that I am qualified, in good health, in proper physical condition to participate in such Activity and willingly agree to comply with the stated and customary terms and conditions of participation. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately notify the nearest official and discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) Paddlesports and related ACTIVITIES INVOLVE RISKS AND DANGERS OF DAMAGE TO PERSONAL PROPERTY AND SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE American Canoe Association, Inc, its Paddle America Clubs, affiliated clubs and organizational affiliates, their respective ACA certified instructors, certified instructor trainers, and certified instructor trainer educators, administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, INJURIES, DAMAGE TO PROPERTY, OR OTHER DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Printed Name of Participant:		Signature of Participant or Adult:	
Address:	City:	State:	ZIP
Date of Birth:	*ACA Number:	Club/Organization: <i>TRPC ACA #038030</i>	
Phone:	Email:		

**Instructors, please fill out the "Clinic Instructor Request Form" on the next page.**

## Clinic Instructor Request Form

Instructors, please complete this form along with a "Clinic Registration Form" and an "ACA Waiver and Release Form." Send all 3 forms to the Clinic Coordinator ASAP. The number of students accepted is dependent upon the number of instructors we can provide. Please consider instructing or assisting. Your students and you will be glad you did!

*You must be at least 18 and a current member of TRPC.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

I am able to teach: \_\_\_\_\_ Sat. \_\_\_\_\_ Sun.

I would prefer to be a(n): \_\_\_\_\_ instructor  
 \_\_\_\_\_ assistant

I prefer to teach: \_\_\_\_\_ youth only  
 \_\_\_\_\_ adults only  
 \_\_\_\_\_ youth or adults

I prefer to teach: (#1 first choice, #2 second, etc.)  
 \_\_\_\_\_ beginners \_\_\_\_\_ intermediates  
 \_\_\_\_\_ practiced beginners \_\_\_\_\_ advanced

List any relative training you have, including first aid, safety & rescue, teaching/certification, etc. If you have taught at previous clinics, write the number of clinics.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Additional comments/questions:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

*(Continued from page 12, Meeting Minutes)*

**Conservation:** Ken was absent, but Chrissy reported in his place regarding the May 31 official weed-whacking day on the Yough. On this day, volunteers are encouraged to come to the Yough and learn about the Japanese knotweed plant and help destroy it. It is a particularly invasive plant. Bob Kilbert had a picture on his phone of the plant and shared it with the group.

**Education:** Nothing new as reported by Chrissy.

**Parks & Access:** Jeff Prycl had nothing new to report.

**Membership:** Judy reported that we have 219 households and 364 individuals. Rosters were available at the meeting. Extra rosters are available for \$2.00 each.

**Newsletter:** Deadline is March 18. Get your information to Jeff Macklin as soon as possible.

**Safety:** Bob Kilbert reported that on May 17-18, Steve Roberts will be conducting a Swiftwater Class at Slippery Rock. The class will be 2 days. Information will be on the message board. ASCI is also conducting a swiftwater class. Charlie Walbridge plans to conduct a safety class, but not scheduled yet. Bob and John Rudland will also be teaching a one-day intro clinic (date to be determined).

**Webmaster:** Brian Lorence is the proud papa of baby boy Rocco on March 10. Congratulations to Brian.

**Outings:** Jeff Knechtel reported the upcoming trips. March 23 – Meadow Run with Steve Bloskis. March 29 Red Moshannon – Natalie Thomas. March 29-30 Loyalhanna – Jeff Prycl. People coming for instruction must be there on Sat. if they want to paddle on Sunday. No beginners on Sunday. March 30 - Casselman with Wayne Carey. April- Wednesdays on the Slippery Rock Noon with Steve Bloskis, 5pm with Gary McCormick/Bill Schwab. April 5-6 Webster Weekend, Elk River. Call Judy P-Macklin with you want to paddle with them. Tentatively meeting at 10:00am. April 5-6 US Team Trials on the Cheat Narrows. They are looking for volunteers. Please contact Chrissy if you are available. April 6 – Jeff Macklin will be doing the Cheoah river if you are down that way and comfortable on the Upper Yough at 2+ ft. April 6 – Casselman or Cheat Narrows

with Bob Baudoux. April 11-13 – Blackham Memorial Trip – Judy P-Macklin. April 11-20 Southern Trip with Jeff Prycl. Jeff needs a few more folks willing to drive as well. April 15 – next TRPC meeting. April 18 – Tygart trip with Mike Bailey. Intermediate Trip usually gets 20-40 people. Breakfast on Saturday.

**AW Liaison/Roster:** Barry has flyers regarding the N.Branch of Potomac releases. Also some extra copies of American White-water magazine.

**Old Business:** Chrissy motioned for the budget to be passed as stated in the March newsletter. Motion was passed. Vote was also taken to increase fees by \$5 for both clinics. This would apply to all students, including children. Motion was passed.

**New Business:** Free booth for TRPC at Cheat Festival. See Carl Schneider to volunteer to help man the booth. Mike Bailey wanted to know if anyone knows anything about Savage Releases. Let people know if you do. \*Barry Adams agreed to serve as treasurer again, due to Mark's resignation. Please donate in the bucket for food and beverages at the meetings. Thank you to Mike Bailey for bringing these to the meetings. Jeff Rahuba – reported on how Dennis Hough was doing. He is battling cancer and has started chemo. Dennis was a former president of the club. Please visit [www.Caringbridge.org](http://www.Caringbridge.org) to get updates and leave messages of encouragement for Dennis and his wife, Laura and daughter, Emily. A link will be on the message board. 1 new member was present. Welcome to Marek Skowronski. He doesn't have a boat yet, but is working with Jeff Prycl in pool sessions. Meeting adjourned at 8:30pm. Program - What to Stuff in Your Stern. A look at what different members take in their boats when they're on the water.

**\* An excerpt from Article V, Section 3 of the TRPC Constitution:  
 "In the event of vacancies between elections, the Chairperson shall fill such vacancies by appointment."**

Prior to the March TRPC meeting Chrissy Zeltner asked Steve Wang to accept an appointment as TRPC Treasurer for the balance of Mark Mershon's term. Steve's acceptance of this position was given after the March TRPC meeting.

Jeff Prycl's recommendation of Barry Adams for this position and Barry's willingness to volunteer his skills and time are appreciated.

**Paddler's Gauge**

**Submissions**

We welcome and invite articles, trip reports, information about upcoming trips and releases, opinions, reflections, poems, photos or anything else you would like to see in the Paddler's Gauge. This is YOUR newsletter. Please note, however, that the Editor reserves the right to edit all articles submitted for length or appropriateness. Please submit articles via email to JMac221@gmail.com.

**OFFICERS AND BOARD MEMBERS**

Chairperson	Chrissy Zeltner	C (304) 612-1084	chrizee@msn.com
Vice Chairperson	Matt Pascal	H (412) 496-9963	matt.pascal@gmail.com
Programs	Matt Pascal	H (412) 496-9963	matt.pascal@gmail.com
Secretary	Dave Mueller	C (412) 334-6256	dmueller@verizon.net
Treasurer	Steve Wang		lost_rivers@yahoo.com
Conservation	Ken Gfroerer	H (724) 593-5222	kgfroerer@reliant.com
Education	Jason Hilton	C (412) 512-0790	creekaction@gmail.com
Membership	Judy Macklin	H (724) 468-8113	jpoczy777@aol.com
Newsletter	Jeff Macklin	H (724) 468-8113	jmac221@gmail.com
Outings	Steve Bloskis	H (412) 831-1486	k1buddha@yahoo.com
Outings	Jeff Knechtel	C (724) 622-0075	jgkayak@hotmail.com (also call phone)
Parks and Access	Jeff Prycl	H (724) 331-9566	prycl@rockymountaingarage.com
Parks and Access			
Racing	Natalie Thomas	(724) 935-5482	nthomas1@connecttime.net
Safety	Bob Kilbert	C (412) 335-9748	BKilbert@gmail.com
Video Librarian	Phyllis Gricus	C (412) 654-8693	pgricus@verizon.net
Webmaster	Brian Lorence	(724) 396-6489	webmaster@threerivers.org
Roster, AW Liaison	Barry Adams	H (412) 242-4562	bj2adams@juno.com



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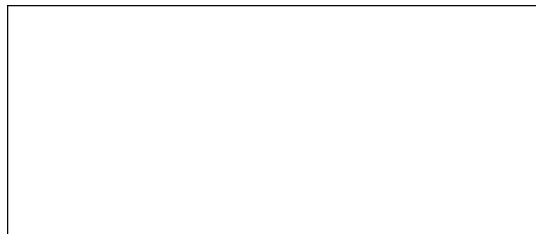
**TRPC Meetings**

Club meetings are held the third Tuesday of each month, at 7:30 p.m. (Except December and January)

**Meeting Place**

Carnegie United Methodist Church  
415 Washington Ave., Carnegie.

Directions: If you are traveling on the parkway heading to the airport, get off at the Carnegie/Heidelberg exit #2. The ramp splits. Take the left lane (Heidelberg). This turns into Lydia Street. Less than ¼ of a mile, you will see a large parking lot on the right. On the left is a business called Xi-tech. Park in the lot on the right. The church is the last building on the right, next to the parking lot. Lydia Street ends at Washington Ave. If you are coming from the parkway towards downtown, take the Carnegie exit again. Directions are the same because that ramp drops onto Lydia Ave.



Three Rivers Paddling Club  
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